

ACADEMY OF BALLET

Zory Karah director

January 10, 2017

The next adult beginning class will start Tuesday, January 31.

Class size is limited and usually fills up in advance of the session's beginning. We strongly advise pre-registering for the class if you are interested.

Class Schedule and Format

Classes will be held twice per week, on Tuesday and Thursday evenings 8:00-9:00pm. The class is designed for the adult student who has no formal ballet training or who has studied ballet in the past and wishes to resume training. Emphasis will be on correct placement, body alignment, toning and stretching. The class will advance at the pace appropriate to the developing skills of the students. Ongoing training in proper ballet technique reshapes body lines, tones muscles, improves balance, strength, grace, and physical coordination in addition to deepening the appreciation of ballet as an art form.

Registration for Winter 2017 New Adult Beginner

In order to pre-register print this page and mail it or bring it directly to us at:

Academy of Ballet
2121 Market Street,
San Francisco, CA 94114

Please include a check in the amount of \$250.00 made payable to "Academy of Ballet". (We only accept checks or cash.) This **non-refundable fee** will cover the cost of classes for the initial eight week period. Thereafter, tuition for the two classes per week is \$120.00 per month and due the first class of each month.

Registration Form

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home/cell Phone: _____ Emergency Phone: _____

E-Mail: _____