# ACADEMY OF BALLET

Zory Karah Director

## The next adult beginning class will start Tuesday, July 5, 2016

We strongly advise pre-registering for the class if you are interested. Class size is limited and regularly fills up several weeks in advance of the session's beginning.

#### Class Schedule and Format

Classes will be held twice a week on Tuesday and Thursday evenings 8:00-9:00.

The class is designed for the adult student who has no formal ballet training or who has studied ballet in the past and wishes to resume training. Emphasis will be on correct placement, body alignment, toning and stretching. The class will advance at the pace appropriate to the developing skills of the students. Ongoing training in proper ballet technique reshapes body lines, tones muscles, improves balance, strength, grace, and physical coordination in addition to deepening the appreciation of ballet as an art form.

### Registration for July

In order to pre-register print this page and mail it to the academy at:

Academy of Ballet 2121 Market Street, San Francisco, CA 94114

Please include a check in the amount of \$250.00 made payable to "Academy of Ballet". This **non-refundable** fee will cover the cost of classes for the initial eight week period. thereafter, Tuition for the two classes per week is \$120.00 per month.

#### **REGISTRATION FORM**

NAME:		
ADDRESS:		
CITY:	_STATE:	ZIP:
HOME PHONE:	CELL/WORK PHONE:	
E-MAIL:		